Daily Word

JULY 1954

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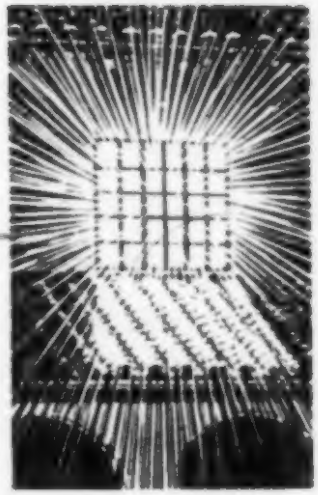
The Light That  *Shines For You*

DAILY WORD

Edited under the inspiration of Silent Unity

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Someone Is Praying

UNITY VILLAGE at Christmas time was described in the article "The Light That Shines for You," which appeared in the December issue of DAILY WORD. But the article was not about the brilliant Christmas scene, it was not about the Christmas decorations or festivities. It was about "one light that you might easily overlook . . . a light that shines from a window in the Silent Unity Building.

It is summer now at Unity Village. The days are warm and long. And the beauty that lies upon this place is wondrous to behold. Everywhere there are flowers in bloom, there are foun-

tains that leap and laugh in the sun, there are red-roofed buildings that glisten against the summer sky.

But this article is not written to tell you how beautiful Unity Village is in the summer; it is written to remind you, to assure you that the light in the window in the Silent Unity Building is shining; it shines for you.

If there are problems to be met, if there is a need for prayer, one has only to turn to Silent Unity, for here the vigil of prayer is kept in every season. Whether it is December or July, whether winds blow cold or days are hot, the inward climate of prayer in Silent Unity is the same—compassionate, loving, abiding. And we pray, season in season out, day and night, for those who turn to us, knowing that wherever they are, whatever the need the answer is with them because God is with them. We pray in the faith that nothing is impossible with God, that no condition is incurable.

When the article "The Light That Shines for You" appeared in Daily Word, people wrote to us from every part of this country and from other parts of the world about this small light that has come to mean so much. They said in their letters: It is good to know that we are not alone; it is good to know that someone is praying for us; it is good to know that even on the darkest night a light is

burning in the Silent Unity window.

These letters told us something very wonderful, which we felt and believed but know now to be true. It is this: Every moment, day or night, someone, somewhere is praying with us.

Silent Unity, with its more than one hundred members, is a strong and powerful praying group. Add to these hundred hearts a hundred, hundred, hundred hearts and you will have some idea of the vastness and the power of this prayer work. In towns and cities, on farms, all over the world someone is praying with us. It stretches the imagination to think of it! A thousand, ten thousand miles cannot separate hearts that pray as one, minds that believe as one. A single prayer uttered in some remote spot by someone who has turned in thought to the lighted window merges with the prayers of Silent Unity and with the prayers of countless others who are also praying with us.

Small wonder it is, then, that these prayers have power, that through them miracles are wrought!

When we think of all the people who pray with Silent Unity, who stand with us in faith, who turn to us in thought time after time, day after day, who write, call, or wire us, we wonder: Where does Silent Unity begin or end! To try to count the unseen members of Silent Unity would be like trying to count the grains of sand beside the sea, like try-

ing to number the waves that endlessly lap the shore.

The members of Silent Unity are everywhere. Everyone who joins Silent Unity in prayer is part of us, is one of us.

That we do not know one another's names or faces does not matter. It matters only that we know ourselves as children of God, united in heart and thought and spirit, forming a silent unity that encircles the world with healing prayer.

AN INVITATION
FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph or telephone at BAltimore 4720, Kansas City, Missouri, or by letter at Silent Unity, Lee's Summit, Missouri.

Rivers Have a Peace

JAMES DILLET FREEMAN

PEACE OF mind! In all the world there is probably nothing more sought after. Sometimes we get to thinking that peace of mind depends on circumstances. But some persons are at peace in the midst of battle, while others cannot find it in a walled garden. To have peace, we do not have to wait until the nations are at peace; the nations wait on us.

What is outside of us may make it easier for us to learn to be at peace, but peace is for hard as well as easy times. It is not a lucky accident, the result of good fortune. Those who have peace of mind can meet good fortune profitably and misfortune profitably.

Peace is an inward, not an outward state. When we have attained to the spiritual qualities on which peace depends, things have no power to disturb our peace; if we do not have the qualities we have no assurance of peace even if things outside of us happen to be in order.

Peace is an achievement. Peace is a discipline we put upon ourselves. It is freedom from fear. It is the conquest of hate.

The suns and planets are at peace as they whirl

through space. The tides ebb and flood, the seasons come and go—they are all part of the peace of nature. There is no least particle in space, no iota of energy that does not serve in making up the divine balance, that does not have its function in the eternal scheme.

So it is with man. He is at peace when he fulfills his function, when he obeys the laws of his being, when he is true to his inner nature.

But man is a spiritual being. And to be true to his own inner nature, he must develop spiritual qualities.

To know our course is to take a step toward peace. God has set a compass in our minds. Its needle does not waver from the Truth. When we know where our way lies, we are on the way to peace.

And we may have peace not only when we are still but when we are active. Growing things find peace through growth. Rivers have a peace, although they flow. Clouds are at peace, although they are constantly forming and dissolving. All things are at peace when they are true to their own inner nature, when they obey the laws of their own being, when they move with the divine will. Peace is obedience to the laws of our own being.

When we conceive of peace, we may think of rest after the labor of the day is done. Yet often

we are more at peace when we labor than when we rest.

There is a peace that is rest and a peace that is action. When all the forces of our own being find harmonious expression, we are at peace. This is peace—to use our faculties to the fullest. When we lose ourselves in joyous work, we are so much at peace that we are not aware of ourselves.

Peace comes from communion with nature. To rest by a running stream, to walk in a wood, to lift our eyes to the stars at night, to rise at dawn and go into the fields to greet the sun, to watch the lights come on along a city street in the evening—there is peace in these.

Peace comes also from communion with ourselves. It comes from lofty thought, the mind's detached pursuit of Truth. It comes from prayer, the heart's attachment to the Truth. Prayer is the technique of peace. Prayer is the science of peace.

Peace comes also from companionship. We are at peace when we feel our heart beating in tune with other hearts and with the vast pulse of the world. We are at peace when we extend our hand in friendliness or help.

Peace comes from recognition of the congenial spirit of the universe, of the harmony at the heart of being. To feel our kinship with other living things is to be at peace. For this is to feel that

we are part of life, a member of God's family, at home in the universe.

When we have come to feel that life has meaning, we have come closer to peace.

Peace comes from consent to life, from willingness to flow with the river of being, from a sense of working with the purposes of God and of the purposes of God working through us.

We have taken a step toward peace when we can trust that, in spite of all that seems, nothing good is ever lost. And we can trust that nothing good is ever lost when we can feel that the living will working at the heart of things is good, is love.

To find ourselves is a step toward peace.

To accept ourselves is a step toward peace.

To appreciate ourselves is a step toward peace.

To lose ourselves is a step toward peace.

Do we desire peace?

Let us seek not peace but faith, not peace but prayer, not peace but creative activity.

Let us seek not anything for ourselves but only to give ourselves in love. The pursuit of peace is really the search for selflessness. What can be taken from him who has already given all? What bonds can be put upon him who is the bondsman of the Lord?

Let us seek not peace but God, for God is peace.

Class Thoughts

Used daily by Silent Unity

PEACE

In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS

Through the Christ Mind you are unified in thought, purpose, and understanding and inspired to right action for the good of all mankind.

ILLUMINATION

(11 a.m.)

The light of wisdom shines for me, and I am quick to apprehend.

PROSPERITY

(12 noon)

"My soul doth magnify the Lord," whose love prospers me.

HEALING

(9 p.m.)

"My soul doth magnify the Lord," and I rest in peace, health, and wholeness of mind and body.

Thursday

"THE LORD IS MY SHEPHERD; I SHALL NOT WANT."

REGARDLESS of how great the demands that are made upon you, you do not have to meet the experiences of your life alone. There is One ever with you who understands your heart, who quiets your fears, who is your companion on the paths of life.

As you go about the tasks that are part of your daily life, take the attitude of resting in God's love. It will comfort you to see how effortlessly things are accomplished and with what order your mind functions.

You will feel the loving promptings of Spirit. You will be shown the way out of grief, disappointment, desperation, and confusion.

Peace will come as you allow your heart to be led by the promptings of Spirit within.

Courage and incentive will grow within you. You will discover yourself to be a new person, and life will be a joyous new experience for you. Each day will be filled with happiness, filled with peace, filled with blessings.

♣ *The Lord is my shepherd; I shall not want.*—PSALMS 23:1 (A.V.).

Friday

The Lord is my shepherd—

"HE MAKETH ME TO LIE DOWN IN GREEN PASTURES."

IT MAY seem to us that our lives have become barren, that they lack purpose and meaning. If we feel this way, we need to open our minds and hearts to a new thought about life. We need to be willing to be led out of old, worn-out ways of thinking and acting into a new, fresh, vital life.

We may think that there is nothing of interest ahead for us, but this is not true.

"Green pastures" await us—the new, the delightful, the unexpected are on our pathway. But we must have faith in God and His goodness; we must have faith in the renewing quality of the life that fills our being.

We must expect more joy, more peace, more happiness, more of the blessings of God; we must expect our "green pastures."

The Lord is our shepherd. We can trust Him to guide us and to bless our lives with rich, new blessings.

♣ *He maketh me to lie down in green pastures.* —PSALMS 23:2 (A.V.).

Saturday

The Lord is my shepherd—

"HE LEADETH ME BESIDE THE STILL WATERS."

I TURN away from the confusion and noise of the world; I draw apart and commune with the Lord of my being.

In the stillness of prayer, "beside the still waters" of the infinite, life-giving Spirit within me, I find the inner strength to meet all the issues of life.

In the stillness of prayer I am imbued with the power to do all things. In the stillness of prayer I am filled with the confidence that knows no defeat. In the stillness of prayer I am filled with the love that transforms and blesses persons and things.

In the stillness of prayer I sit "beside the still waters." I drink deeply of the waters of life, which quench my thirst, feed my hunger, and satisfy the longings of my soul.

In the stillness of prayer I find renewal and rest. Peace is mine, strength is mine, power is mine, love is mine; for I am one with the Father, the source of all.

♣ *He leadeth me beside the still waters.*—PSALMS 23:2 (A.V.).

Sunday

The Lord is my shepherd—

"HE RESTORETH MY SOUL."

SO OFTEN, when we become aware of a more profitable way of living, we look back upon the decisions and experiences of the past with regret. We go over and over these incidents, wishing we had made a different decision or taken a different way. If we find ourselves doing this, let us make our spiritual declaration of independence from regrets or remorse for the past. Let us say to ourselves, "The LORD *is* my shepherd . . . He restoreth my soul." Let us think of the growth we have made, of the overcomings we have made and know that they are what matter now.

"He restoreth my soul." Let your heart take joy in the wiser you, in the strength and stability you have developed by exercising your spiritual faith.

Let your thoughts dwell on the assurance that in the eternal journey of life every experience adds to the stored-up wealth of the soul.

Affirm again and again that you are part of the great life of God, and that He loves you.

♣ *He restoreth my soul.*—PSALMS 23:3 (A.V.).

Monday

The Lord is my shepherd—

"HE LEADETH ME IN THE PATHS OF RIGHTEOUSNESS FOR HIS NAME'S SAKE."

ALL government officials and other public servants need our prayers and blessings. Even though there may be personalities among governmental officials that are not to our liking and not of our choosing, we must remember that they have problems to meet and decisions to make that require wisdom, judgment, and understanding. Our prayers for those in places of responsibility in the government cannot help but be of benefit to them.

We can bless our government and its leaders with the words, "He leads you in the paths of righteousness for his name's sake." Our private prayer becomes their public strength.

Let us give thanks that God is pouring forth His wisdom, strength, and blessing upon our entire nation.

Let us behold His Spirit dissolving the darkness and illumining the issues of the day with love and understanding.

♣ *He leadeth me in the paths of righteousness for his name's sake.*—PSALMS 23:3 (A.V.).

Tuesday

The Lord is my shepherd—

"I WILL FEAR NO EVIL: FOR THOU *ART* WITH ME; THY ROD AND THY STAFF THEY COMFORT ME."

I AM not afraid of any person, thing, or condition, for the invincible Spirit within me is my constant and immediate protection. I am surrounded and infolded at all times by God's love, and my welfare and safety are important to Him. He guides me into paths of peace; He keeps me safe as I keep my trust in Him.

No inharmonious situation can disturb me when I keep my attention poised in the realization of the all-protecting presence and power within me. I fear no evil, for God is with me.

I have no fear concerning the well-being of my dear ones, for I know that wherever they are or wherever they may go God is with them.

In all things and under all circumstances, I know there is nothing to fear. I am calm and serene, certain of God's love and care, certain of His eternal life and light. I know that now and forever I am one with God.

♠ *Yea, though I walk through the valley of the shadow of death, I will fear no evil.*—PSALMS 23:4 (A.V.).

Wednesday

The Lord is my shepherd—

"THOU PREPAREST A TABLE BEFORE ME IN THE PRESENCE OF MINE ENEMIES."

DO WE think of our enemies as being outside of us? Our real enemies are our own negative thoughts, our own doubts and fears. But in spite of our lack of understanding, in spite of the thoughts we have that are far from the real truth about ourselves, our world, and God, still He prepares a table before us; that is, God spreads His good before us on every hand, and it is ours to claim and to use and to enjoy. He does not withhold our good; our wrong thinking keeps us from claiming it. Whenever we take a step toward God, whenever we begin to make the effort to change our thoughts and feelings, we are blessed, our good begins to appear.

The good is always there—the table is spread before us. God is our loving Father. He is our good shepherd, leading us safely along the way, pouring out blessings upon us continually. Our part is to know ourselves as children of God and to accept our good.

♣ *Thou preparest a table before me.*—PSALMS 23:5 (A.V.).

Thursday

The Lord is my shepherd—

"THOU ANOINTEST MY HEAD WITH OIL; MY CUP RUNNETH OVER. SURELY GOODNESS AND MERCY SHALL FOLLOW ME ALL THE DAYS OF MY LIFE: AND I WILL DWELL IN THE HOUSE OF THE LORD FOR EVER."

A SENSE of great joy surges in my heart when I realize that the life flowing throughout my entire body is His life, that the intelligence of my mind is His intelligence.

I rejoice in the realization that all things are possible to me when I place my trust in His presence within me. Through faith in my indwelling Lord, health, peace of mind, and sufficiency in all things are eternally mine to enjoy.

The Spirit of the Lord in me is my unfailing power to succeed, my wisdom to understand, my light to guide, my supply to prosper. The Spirit of the Lord in me is my physician, my teacher, my friend.

Praise God for the Truth that sets me free. "Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever."

♠ *My cup runneth over.*—PSALMS 23:5 (A.V.).

Friday

The Lord is my shepherd—

TODAY ALL THAT I DO IS DONE TO HIS GLORY.

No matter what the tasks that lie before me this day, I find in them new joy, new success, new satisfaction.

I have a conscious sense of God's presence with me today. I wash the dishes with shining care; I make important business decisions; I teach small restless children—all that I do I do for God. And with my mind on Him, the way before me smoothes out and new creative ideas fill my mind and make my work more effective.

Today I put my mind wholly on the work I do, not looking ahead to reward or payment. As I work for God, an abundance of all good flows into my life, and I am richly blessed.

Dear Father-God, today I dedicate my life anew to You. Everything I do today I do to Your glory. Bless and guide me that I may do only that which You would have me do. Be with me in all things today.

Commit thy works unto Jehovah,
And thy purposes shall be established.
—PROV. 16:3.

Saturday

The Lord is my shepherd—

I AM LOVED AND NEEDED.

IF YOU feel lonely ask yourself if you have set yourself apart from the stream of life by your own attitudes. Are you looking to others to make a life for you? Do you feel sorry for yourself? Do you resent your circumstances? Any one of these attitudes makes it difficult for you to be happy and loved, but these attitudes can be overcome.

No one can find himself in a situation in which he cannot give something that will make him a treasured and appreciated part of the life about him. If you look about you, you can always find those who need the encouragement of your faith, the uplift of your cheerfulness, the comfort of your love, the help of your knowledge and abilities.

Do not look to others for that which can come only from the Spirit of God within you. As you give yourself willingly to life, you will discover ways of merging happily in the stream of life. You will discover that you are loved and needed.

♣ *Give, and it shall be given unto you.*—LUKE 6:38.

Sunday

The Lord is my shepherd—

MY FAITH IN HIM IS THE GREATEST POWER IN MY LIFE, AND I USE THIS FAITH TODAY IN EVERYTHING THAT CONCERNS ME.

FAITH IN God is the greatest power in my life. It is greater than any trouble or pain. It is greater than any lack or sorrow. It is the power that enables me to bring into my life the good I want; it is my assurance of answered prayer.

One who has faith does not have to see the proof before he prays. He believes in that which is not yet seen and gives thanks for it.

Jesus had such faith in God the Father that He gave thanks before the answer to His prayer was apparent. And He said that we can do the works that He did and even greater ones.

I will try to follow Jesus in using my faith. I will not try to reason things out humanly and expect to see how some good will be brought forth. I will live by my faith; I will picture my good as coming forth now; I will give thanks with a relaxed and happy heart.

♣ *Jesus answering saith unto them, Have faith in God.* —MARK 11:22.

Monday

The Lord is my shepherd—

DAILY I GROW IN SPIRITUAL STATURE, AND RIGHT CONDITIONS ARE ESTABLISHED IN MY LIFE AND IN ALL MY AFFAIRS.

THROUGH prayer we strengthen our faith and build for ourselves a life wherein order, harmony, and right conditions prevail at all times. When we affirm the goodness of God, when we apply spiritual teachings to some problem in our lives we grow in spiritual stature. We develop a greater degree of the understanding that brings forth right and good results in all that concerns us.

By the thoughts that we think and the words that we speak we mold the pattern of our lives and we determine the state of our affairs.

If we feel the need for order and harmony in our lives and affairs we can begin—thought by thought and word by word—to establish the consciousness that will bring forth order, harmony and right conditions.

There is no situation that cannot be blessed by our thinking and declaring the Truth concerning it.

♠ *Thou makest him to have dominion.*—PSALMS 8:6.

Tuesday

The Lord is my shepherd—

I AM NOT BOUND IN PERSONAL CONSCIOUSNESS; I AM FREE TO EXPRESS MY DIVINE SELF.

ARE YOU seeking help to overcome the limitations or unhappiness of your personal world? You can start today to live a new life, to make a new beginning. You can rise out of your personal troubles.

Right now take time to relax and to say quietly: "Father, I am willing to try. I have come to You, Father."

Now affirm, "I am not bound in personal consciousness." You are not bound because you are the master of your thoughts. No one can make you think unhappy thoughts. Start letting go of those thoughts that keep you unhappy—the hurt, the anger, the disgust, the criticism, or the fear. Make room for the thoughts you want.

With a clear mind and a willing spirit affirm, "I am free to express my divine self." You are free. You are free to express your strong, divine, free self. You are free to express all that you want to be and really are.

♣ *Stand fast therefore in the liberty wherewith Christ hath made us free.*—GAL. 5:1 (A.V.).

Wednesday

The Lord is my shepherd—

HIS LOVE UPHOLDS, STRENGTHENS, AND COMFORTS ME.

SOMETIMES we depend so much on another person for strength and support that we feel lost and desolate if a time of separation comes. But in our time of need we find that the strength and support we thought came from a dear one is still with us. We discover that we have within us the Comforter, who is our rod and staff. We feel upheld by His love; we feel infolded in His presence; we feel strengthened by His Spirit.

And we come to see that every person is shepherded by this same loving presence, that every soul is kept safe and secure in His care. Even when our human minds cannot comprehend the reasons for change and separation the spiritual self of us understands that life is unending and unchanging, that there is fulfillment and peace for us all. And from our spiritual self we are comforted.

We go forward courageously, strong in the Lord, and filled with peace and light. We are able to meet the demands of our lives with poise and radiant faith.

♣ *He shall give you another Comforter.*—JOHN 14:16.

Calendar in July

ELEANOR HALBROOK ZIMMERMAN

God, ever mindful of His children, brings
  Summer at last to its own perfect round;
July in every thicket hums and sings,
  And breezes through the trees make joyful sound;
The full tide of the year moves toward its crest—
  The ripening grain, the fruit that weights the bough,
The fledgling taking brave flight from the nest
  Fulfill the promise of God's bounty now;
And everywhere our hearts may turn there shows
  His infinite handiwork, His lovely grace
That shapes the corn down green and singing rows,
  And weaves the loveliness of Queen Anne's lace,
And works in us as surely His design
  Toward our perfection, faithful line on line!

Thursday

The Lord is my shepherd—

PRAISING AND BLESSING MY BASKET AND STORE. THE LORD INCREASES MY GOOD EVERMORE.

CHARLES FILLMORE believed in the prosperity law. In his book *Prosperity* he says: "You should expect prosperity when you keep the prosperity law. Therefore be thankful for every blessing that you gain and as deeply grateful for every demonstration as for an unexpected treasure dropped into your lap. This will keep your heart fresh; for true thanksgiving may be likened to rain falling upon ready soil, refreshing it and increasing its productiveness. When Jesus had only a small supply He gave thanks for the little He had. This increased that little into such an abundance that a multitude was satisfied with food and much was left over. Blessing has not lost its . . . efficacy. The same power of multiplication is in it today. Praise and thanksgiving imparts the quickening spiritual power that produces growth and increase in all things."

♠ *In nothing be anxious; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God.*—PHIL. 4:6.

Friday

The Lord is my shepherd—

HE IS MY PROTECTION. I CALL UPON HIM WHENEVER THERE IS A NEED.

THERE IS but one sure protection: God. His Spirit in me guides my steps and delivers me from danger. His Spirit in me is my help in every need.

I draw near to God until, in deep inner communion, I feel His presence. Then I affirm that He is my protection against whatever danger may arise, He is my protection in whatever situation I may find myself. I affirm also His protection for those I love, knowing that His protecting presence will shield them like a cloak and guard them always.

I affirm His protection for those who lead the nations of the world. I give thanks that they are led by Him in ways of wisdom, justice, and righteousness.

This I do daily. Then I go forth to meet the day at peace and unafraid.

The Lord is my protection. I call upon Him in my every need.

♣ *The name of the* LORD *is a strong tower: the righteous runneth into it, and is safe.*—PROV. 18:10 (A.V.).

Saturday

The Lord is my shepherd—

HE LEADS ME TO MY RIGHT ENVIRONMENT.

HE WHO loves you with an everlasting love provides for your comfort and well-being. He leads you to your own right environment; He blesses you with a peaceful, happy, and contented life.

If you are in need of a home, affirm that your own right place awaits you, and give thanks that the way is opening for it to be revealed to you.

Turn to God in prayer and strengthen your faith in Him as your abundant resource. Believe with all your heart that in God's kingdom there is no lack, that He provides for your every need. Any doubts that have heretofore hindered your success will be removed.

As you pray, as you take the outer steps required to find the home you are looking for, you will be led unerringly to the place God has provided for you.

You are one with Almightiness; your environment is God.

The eternal God is thy dwelling-place,
And underneath are the everlasting arms.
—DEUT. 33:27.

Sunday

The Lord is my shepherd—

I HAVE FAITH IN HIS LOVE AND JUSTICE AND KNOW THAT MY GOOD CAN NEVER BE WITHHELD FROM ME.

THERE MAY be occasions in our lives when we feel that we are unjustly treated or are not given the consideration due us. Regardless of what the situation may be, it is never righted by our becoming resentful. Feelings of discord and contention do not promote peace and justice. Conditions are righted when we refuse to entertain thoughts of resentment or injustice and make a sincere effort to think thoughts of love and understanding.

As children of God we need to remember that His good is always operating in our lives to bless us.

No one can take from us or withhold from us the good that is rightfully ours. No human power can interfere with the outworking of His good. Even though there may be challenges, let us remain poised and calm, steadfast in the faith that justice and right conditions are being established in our lives and affairs.

♣ *For all his ways are justice.*—DEUT. 32:4.

Monday

JULY 19

The Lord is my shepherd—

I DEVELOP AND USE THE INHERENT SPIRITUAL QUALITIES OF MIND AND HEART THAT HE HAS IMPLANTED IN ME, AND I KNOW TRUE HAPPINESS.

MANY TIMES we feel that if we can acquire some material thing true happiness will be ours. To be sure, we need a home, friends, adequate income, material things that contribute to our well-being and comfort. But happiness is not dependent on the possession of any or all of these.

When we develop and use the inherent spiritual qualities of mind and heart that God has implanted within us, we know true happiness.

Our prayer for happiness is answered when we realize that through inner communion with God we have become the kind of person we really want to be—kinder and more loving, more considerate and less demanding. These qualities of heart and mind, developed through prayer and used in our daily living, insure our lasting happiness.

As for me, I shall behold thy face in righteousness; I shall be satisfied.

—PSALMS 17:15.

Tuesday

The Lord is my shepherd—

HIS SPIRIT KEEPS ME ETERNALLY YOUNG IN MY ATTITUDE TOWARD LIFE.

I AM YOUNG in spirit because I am interested in everything that is going on around me. I am interested in the progressive unfoldment of the world; I am interested in other persons—what they do and what they think.

I am young in spirit because I keep up with the times. I accept new styles, new ideas, and new changes with enthusiasm.

I am young in spirit because I keep my sense of humor and spontaneity. I smile readily, laugh heartily, and love to try my hand at something different.

I keep young in spirit because I keep in touch with youth. I never let myself become too critical of young people, but I take time to enjoy them and to understand their problems of growing up.

I am young in spirit because I eat wisely, exercise joyously, and rest sufficiently.

Above all, I keep young in spirit because I keep my attention on the ever-renewing, ever-unfolding life of Christ within me.

♣ *Thy youth is renewed like the eagle.*—PSALMS 103:5.

Wednesday

The Lord is my shepherd—

I AM BLESSED WITH THE FULLNESS OF HIS LIFE AND LOVE.

WE IN Silent Unity join you in prayer today. We send you the blessings of our love and faith and the assurance that we are united with you in decreeing the good you are seeking. As you read this lesson, you may be sure that deep in the heart of every one of us who serve in the Silent Unity ministry is the desire to help you. We stand firm in the faith that God's good is being manifested in your life.

Prayer is the answer to every need of the human heart. It is the answer to all the questions and doubts that arise in the mind. When we in Silent Unity pray with you we give your need into the care and keeping of God, confident that you will feel the blessing of His love.

We bless you in the faith that there is peace for the troubled heart and mind, health for the body, guidance for every problem, and prosperity for every need. We bless you in the faith that the help you seek will be given you.

♣ *I will bless thee . . . and be thou a blessing.*—GEN. 12:2.

Thursday

The Lord is my shepherd—

HIS SPIRIT IN ME ENABLES ME TO UNDERSTAND AND TO FORGIVE.

IT IS most unprofitable for anyone to harbor resentment. Not only does resentment keep us from experiencing peace of mind and happiness of heart, but it bars the way to a full measure of productive self-expression.

The most effective way to handle resentment is to try to understand what is behind another's attitudes and actions. When we view a person or situation with enough poise and love to penetrate surface aspects, we always discover the good that is there.

We shall not resent a person or a situation when we try to have an understanding heart and mind.

The Christ Spirit in us is a loving, understanding, forgiving Spirit. Even if it seems difficult for us to be understanding, to overcome resentment. through Christ in us we have the power to rise out of such states of mind.

To any person or situation we can declare silently: "Through the Christ in me I understand, and I forgive."

♠ *Walk in love.*—EPH. 5:2.

The Lord is my shepherd—

I TRUST HIM TO RESTORE AND HEAL MY BODY AND TO BLESS ME WITH SUPPLY FOR EVERY NEED.

WHEN there is a need for healing it is often accompanied by a need for supply. Our faith that God will not only heal our bodies but prosper our affairs is justified, even in the face of temporary unemployment or increased demands on our resources.

"In the heart of man a cry,
In the heart of God supply."

We can bless ourselves and every member of our family with the thought that God is with us at all times. He knows our every need; His love infolds us, healing, renewing, and restoring us. We can bless our homes with the thought that all the things we need are now coming forth. There is no lack in God. He is the source of our supply, and He is even now revealing the way to increased good.

God is ready and willing to pour forth His good at all times. In prayer we find peace, health, and supply.

♣ *Put your trust in Jehovah.*—PSALMS 4:5.

Saturday

The Lord is my shepherd—

THROUGH HIM I REALIZE INNER FREEDOM.

FREEDOM is a condition of life that each individual must accept for himself. Freedom is not defiance or rebellion, nor is it license to indulge in appetites or moods that are destructive to health and happiness. It is the inner balance that tips the scales of life toward that which is productive of good. Each individual has come forth from God capable of achieving and maintaining this balance.

Whether it is evident or not, every person wants to be in control of himself and his life. And every person has been endowed by the Father with the ability to exercise this control. When we realize this about someone we want to help, we see how we can help him. We see that all our words, our attitudes, our actions, our prayers should encourage him to believe in his own stabilizing spirit, to believe that he is good, that he is loved, that he is capable of directing his life into happy and successful paths. As this belief is nourished, inner freedom is realized.

♣ *Pray one for another, that ye may be healed.*—JAMES 5:16.

Sunday

The Lord is my shepherd—

HIS LOVE RADIATES THROUGH ME TO BLESS AND TO HELP EVERYONE I MEET.

EVERY day of my life there are opportunities for me to help other persons; opportunities to be a blessing to those about me; opportunities to speak a good word, to do a good deed, to think a good thought. My good words, my good deeds, my good thoughts come back to bless me in a multitude of ways.

Because my attitudes and the things I say and do influence others, I will try to keep my thoughts and words and attitudes constructive; I will try to make any influence I may have on the life of another a good one. I will speak wisely and kindly to others; I will inspire them to do their best through my faith in them.

God's love fills my mind and heart and radiates through me to bless, to inspire, and to help everyone I meet.

As I bless, so am I blessed in return.

• *And let us not be weary in well-doing: for in due season we shall reap, if we faint not. So then, as we have opportunity, let us work that which is good toward all men.*—GAL. 6:9.

Monday

The Lord is my shepherd—

I AM A HARMONIZING INFLUENCE IN MY WORLD.

ALL OF us want peace in our world, co-operation in our community, harmony in our home and place of work.

If there is a need for harmony in a home, an office, or in a group working and planning together, each individual's responsibility is to examine his own attitudes and to eliminate those that are not conducive to harmony. This means that we do not wait until others see things as we do. Rather, it means that we make our every word and gesture one that contributes to understanding and togetherness. In this effort to promote peace and harmony, we learn things about ourselves and about others that make us a harmonizing influence.

Peace, co-operation, and harmony are the result of loving and sincere efforts to understand others. Each of us can accept the responsibility for bringing forth harmony in our world. We can be peacemakers.

♣ *Seek peace and pursue it.*—PSALMS 34:14.

Tuesday

The Lord is my shepherd—

HIS LIFE RENEWS, RESTORES, AND HEALS ME.

No condition is beyond God's help; no condition is greater than His power to heal. It does not matter what the need is; the healing principle is always the same. We can lay hold of it and change the picture of ill-health to one of radiant, vital, abundant health.

In praying for the healing of another we need to get a clear realization of God's true idea of him. Rather than thinking of what he has to overcome, let us think of what he, as God's perfect child, has been endowed with.

Is there an appearance of ill-health? Beyond this appearance stands the idea of life. The idea of life is in every atom and cell of our bodies. All the forces of our being work toward perfection, toward life, toward wholeness. Let us know this and affirm it for ourselves and for others. Let us not be dismayed by appearances; let us not give the power of our thoughts to negation or feelings of hopelessness. Let us know that life and health are God's will for all His children.

♣ *Heal the sick.*—MATT. 10:8.

Wednesday

The Lord is my shepherd—

I LET THE FRIENDLINESS OF HIS SPIRIT EXPRESS ITSELF THROUGH ME.

FRIENDLINESS is the keynote of my life. I look upon the world with friendly vision. I extend the hand of friendly help to all who come my way.

When I am preoccupied with necessary duties of the day, I remember to keep my countenance radiant with Christlike friendliness.

When I talk with others, I let the ring of friendly sincerity sound through my voice. I take time every day to renew an attitude of good will and friendliness toward the entire world. I reach forth in faith and clasp the hand of Christ in all mankind. I reach forth in love and touch the Spirit of Christ in all persons. I rejoice in the realization that this is a friendly universe, created by the loving God, who is the divine friend of all. I remind myself often that I am on this earth to let the healing friendliness of Jesus Christ express itself through me.

The Lord is my shepherd, He is my friend, and I am friend to all.

♣ *Be tenderly affectioned one to another.*—ROM. 12:10.

Thursday

The Lord is my shepherd—
I AM CONTENT.

IN ORDER to experience contentment, one does not need to be resigned to conditions.

When a person realizes that he has been created with the capability of developing a satisfying life, when he ceases to judge his own worth by comparing himself with others, he begins to know contentment. He does not feel that he is inferior or a victim of circumstances, for he knows that God's Spirit is within him, that he has spiritual resources within him on which he can rely.

Anyone can gain a contented heart and mind and a sense of worth and achievement. Daily prayer increases our realization of our spiritual powers and potentialities. Daily prayer unifies us with the presence and power of God within us, it illumines our understanding, it sets us free from old thought habits that have kept us uneasy or unsure.

The Lord is our shepherd. He blesses our hearts with contentment and our lives with fulfillment.

♣ *Be content . . . I will never leave thee.*—HEB. 13:5 (A.V.).

Friday

The Lord is my shepherd—

HE IS MY ALL-SUFFICIENCY IN ALL THINGS.

I AM prosperous. I am prosperous because God in me is the source of my supply. He is my loving provider, and there is no lack in Him. His Spirit in me gives me the wisdom to handle my finances wisely, to perform all my tasks efficiently.

When I spend money I bless that which I spend. When I give I give with a sense of gratitude that I am able to give and to help. As I give with a joyous heart, so do I receive from joyous hearts. To give in love is to receive in love, "good measure, pressed down, shaken together, running over."

I do not accept lack as part of God's plan for me. It is God's will that I enjoy all the blessings I need for a full and joyous life.

Through God's Spirit in me abundance is mine. I give thanks now for health and happiness, for peace and prosperity.

The Lord is my shepherd. He is my all-sufficiency in all things.

♠ *I came that they may have life, and may have it abundantly.*—JOHN 10:10.

Saturday

The Lord is my shepherd—

I LET THE HARMONY OF HIS DIVINE LOVE BLESS EVERY PERSON WHOSE LIFE TOUCHES MINE.

TODAY I put away every thought of ill feeling, intolerance, or prejudice. I see every person as a child of God.

I give a friendly smile of greeting to everyone I meet today. I seek special ways to show my love to those close to me, those whom I may have taken for granted in the past. I give extra service on my job, going beyond the expected measure.

If there is one with whom I have not been on friendly terms, I do something about it today. By letter, by telephone, by personal contact, by a prayer of blessing—somehow I try to erase whatever barrier has been between us.

In every way I try to let God's love shine through my eyes, speak through my lips, materialize through the work of my hands. I let the harmony of His divine love bless every life that touches mine, and my life is blessed in the doing.

♠ *When a man's ways please the* LORD, *he maketh even his enemies to be at peace with him.*—PROV. 16:7 (A.V.).

This Month IN UNITY

"Possibilities of Prayer"

Here is welcome news for all Unity friends. Beginning July 4, *Weekly Unity* magazine will publish a series of articles that were written especially to present the fundamentals of the Unity teaching in clear, understandable terms.

This series will be published in the four July issues of *Weekly Unity.* Entitled "Possibilities of Prayer," it was written by the popular Truth author Gardner Hunting. The series contains four articles: "Hope and Expectation," "Your Father's Good Pleasure," "Ask for What You Want," and "For a Rainy Day."

Subscribe for *Weekly Unity* today, or if you already receive the magazine subscribe for it for a friend. Be sure to ask that the subscriptions you order begin with the July 4 issue. *Weekly Unity* is priced at $1 a year.

Youth of Unity Conference this Month

The annual Youth of Unity Conference is being held here at Unity Village from the first to the sixth of this month, and teen-agers from many

parts of the United States are arriving to take part. The theme of the 1954 conference is receptivity, and the statement to be used is, "An open heart toward God is an open door to all good."

Unity is happy to welcome these young people, and we know that the prayers and blessings of thousands of Unity friends are with them as they gather for this week of Christian fellowship.

Vacation Retreat Announced

The second Unity Retreat for 1954 will be held at Unity Village from July 11 to July 17. Called the Vacation Retreat because it comes at a time when many persons are taking their vacations and will therefore be able to attend, this observance offers wonderful opportunity for true spiritual rest and renewal.

If you wish to attend the Vacation Retreat, please send your reservation as soon as possible to the Director, Vacation Retreat, Unity School of Christianity, Lee's Summit, Missouri. If you wish, you may also obtain a free program of the Retreat by writing to this address.

Praises *El Sembrador*

A Truth friend in Cuba writes: "If during the difficult times I am going through I could not count on the comfort that Unity brings me, I

would not have the courage to go on living. Do not fail to send me *El Sembrador,* for it is like a ray of divine light lighting my darkness."

El Sembrador is Unity's bimonthly magazine in Spanish. It contains various articles selected from other Unity magazines and translated into Spanish; a number of devotional messages from DAILY WORD especially selected to fit different needs; poems; and drawings from *Weekly Unity.*

El Sembrador has never carried a subscription rate, but is sent free by Unity School to anyone who wishes to receive it. Through having access to *El Sembrador,* many persons in Spanish America are able to study Truth who would otherwise have no opportunity to do so. The free distribution of *El Sembrador* is supported entirely through love offerings from Unity's Good Neighbor Fund.

Whatever may have happened in the past, don't let it defeat you. Do what you can to set it right, and then set your face bravely forward. Turn the page. You may not be able to forget it, but you do not need to cling to the memory. Go on to brighter, braver, better things. Living down your mistakes can make of you the really fine person that God wants you to be.—Clarence Edwin Flynn in *Unity.*

HOW TO BE A SUCCESS

When individuals and firms succeed, others want to know just how they did it. It is the purpose of *Good Business* magazine to bring you articles about these successful people. In each issue you will find factual articles about how firms and individuals have prospered because they have practiced the principles taught by Jesus Christ.

For instance, the July *Good Business* contains "A Little Child Shall Lead Them," by C. A. Pruett. This article tells about a Mississippi truck farmer who was faced with an alarming problem. Unless he could get workers to harvest his strawberries immediately, he would lose the whole crop, but all the workers in his vicinity were already promised elsewhere. He opened his Bible. Suddenly one verse stood out before his eyes and he knew he had found the answer he was seeking!

Order a subscription to *Good Business* today, and ask that it begin with the July issue so that you can read all of this inspiring true story. The magazine is published monthly and is priced at $1 for a year's subscription.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

For You—A PROMISING CAREER IN THE UNITY MINISTRY

If you are a young man between the ages of 25 and 45; if you are a high-school graduate; if you are a capable typist; and if you are vitally interested in the Unity teaching; then here is opportunity knocking at your door. Silent Unity conducts an educational program to train new leaders and ministers. In order that a student may support himself while he is being trained employment is provided by Silent Unity. Write today for full information about this wonderful opportunity.

The ministerial classes are also open to men and women who wish to study Truth for their own spiritual satisfaction alone. Employment is not provided for these persons, and there are no age or educational requirements for them. Living accommodations at reasonable rates are available at Unity Village during the months when these classes are in session.

Address your requests for information about ministerial training to: The Ministerial Training Program, Unity School of Christianity, Lee's Summit, Missouri.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

ARE YOU WAITING FOR PROSPERITY?

There is no need to wait for the prosperity you desire. Your good is ready now, waiting for you to claim it.

A good way to claim your good is to follow the Prosperity Bank drill, a plan of prayer designed to help you realize the presence of good in your life. Silent Unity will pray with you while you follow the drill and save for three DAILY WORD gift subscriptions to be sent to your friends. You may obtain a Prosperity Bank with complete instructions for its use by filling in the coupon below and mailing it today to Unity, Lee's Summit, Missouri.

Here is my order for three DAILY WORD gift subscriptions and a Bank in which to save the $3 cost of these subscriptions.

1. Name _____

   Street _____

   City _____ State _____

2. Name _____

   Street _____

   City _____ State _____

3. Name _____

   Street _____

   City _____ State _____

SENDER'S NAME _____

Street _____

City _____ State _____

Please indicate postal zone number, if cities are so divided. D-7-54

PLANT THE RIGHT SEEDS IN YOUR CHILD'S MIND

Of course you want your child to have the right training. You know how important it is that he be taught to live a useful, effective life. The kind of ideas that are planted in the fertile soil of his mind now can mean the difference between success and failure for him in later life.

The *Unity Sunday-School Leaflet* can help you to give him the right approach to life. Each week's issue includes the Bible text; "The Lesson Story"; "What the Lesson Teaches"; a "Frank and Frankie" story giving practical examples of the application of Truth principles to the child's life; and a 4-page "Teachers' Section" that will help adults to teach the lesson and show the child the right way to solve his problems.

The *Unity Sunday-School Leaflet* is mailed to you in a monthly package containing the "Teachers' Section" and a *Leaflet* for each Sunday in the month. This helpful periodical is priced at only $1 a year. Send your order for a *Leaflet* subscription today, and start planting the right seeds in your child's mind.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

The 23d Psalm

The LORD *is* my shepherd; I shall not want.

He maketh me to lie down in green pastures: he leadeth me beside the still waters.

He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou *art* with me; thy rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.

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